



Karen Brown, PACT Family Engagement Manager

☎ Visitor Centre 01785 773131 : ✉ [Stafford@prisonadvice.org.uk](mailto:Stafford@prisonadvice.org.uk)



## Feedback

Please keep offering your feedback on any aspect of your social visit that you would like for the HMP Stafford team to be made aware of.

Send your concerns to the following email address:  
[Stafford@prisonadvice.org.uk](mailto:Stafford@prisonadvice.org.uk)

The PACT team will ensure your concerns are forwarded, taken note of and where possible addressed.

## Family Forum 2025

There's two more dates to come in 2025...

17<sup>th</sup> September  
19<sup>th</sup> November

(12:45 in the Visitor Centre)

Want to receive meeting invitations to join via Teams? please give a member of the PACT team your name and email address. You'll get added to the distribution list for all future updates.



## A word from...

As July draws to a close, we're soaking up every last drop of **summer** sunshine here in Stafford! Whether you've been enjoying local strolls, planning a getaway, or just relishing the longer days, we hope you've had a fantastic month. This newsletter is packed with exciting updates, upcoming events, and a sneak peek at what's in store as we head into August. Dive in and see what's new!

Looking for ways to make the most of the remaining **summer** days here in Stafford and beyond? Our "What's On" section has some great ideas for activities to keep you entertained. In your local area there may be outdoor markets and live music in the parks to family-friendly festivals and local attractions, there's something for everyone to enjoy before the season shifts. Don't miss out on these opportunities to soak up the sun and community spirit!

Stay cool,

Karen Brown  
Family Engagement Manager

## Book Swap

### Donations please...

You might have noticed that our Book Swap is starting to get a bit depleted...

Are you a keen reader? Have a stockpile of pre-loved books that you don't know what to do with?

The PACT Team would love to help...please bring your books into the Visitor Centre for the Book Swap. *Thank you.*



## Long Term/Lifer Day Dates 2025

Monday 20<sup>th</sup> October

Tuesday 30<sup>th</sup> December

## Family Day Dates 2025

Tuesday 29<sup>th</sup> July

Tuesday 28<sup>th</sup> October

Tuesday 23<sup>rd</sup> December

## Safer Custody Portal for families, friends and carers

All prisons in the West Midlands have an online safer custody portal that provides information about keeping prisoners safe and enables family or friends to share concerns via an online contact form sent directly to the prison safety team.

If you are worried and want to share a concern visit:  
[www.prisonersfamilies.org/pages/category/need-urgent-help?](http://www.prisonersfamilies.org/pages/category/need-urgent-help?)



## NEURODIVERSITY SENSORY GRAB BAGS

**NOW AVAILABLE!**

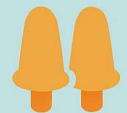
Sensory grab bags are now available for both prisoners and visitors to use during the duration of visits.



Items may include:



Earplugs



Soothing textures



Doodle pad



**PLEASE RETURN ALL ITEMS BEFORE THE END OF YOUR VISIT**



**NEED ONE? JUST ASK A MEMBER OF STAFF**

## Dates for your diary

### August

8<sup>th</sup> International Cat Day  
 9<sup>th</sup> Rice Pudding Day  
 12<sup>th</sup> International Youth Day  
 15<sup>th</sup> 80<sup>th</sup> V.J. Day Anniversary  
 24<sup>th</sup> Notting Hill Carnival  
 25<sup>th</sup> Summer Bank Holiday

### September

1<sup>st</sup> Harry Potter Back to Hogwarts Day  
 1<sup>st</sup>-5<sup>th</sup> Zero Waste Week  
 9<sup>th</sup> Teddy Bear Day  
 19<sup>th</sup> International Talk Like A Pirate Day  
 22<sup>nd</sup> Hobbit Day  
 23<sup>rd</sup> International Day of Sign Languages

### October

4<sup>th</sup> World Space Week  
 6<sup>th</sup>-13<sup>th</sup> Dyslexia Week  
 18<sup>th</sup> National Reuse Day  
 21<sup>st</sup>-1<sup>st</sup> Diwali  
 26<sup>th</sup> British Summertime Ends  
 Black History Month

## Only joking...

What's the best way to watch a fishing show? *Live stream.*

Why don't zombies eat clowns? *Because they taste funny.*

## Sudoku Corner

	7			8	6			2
	6		4		7			8
8			9	1		7		
7	8			4				5
3	1		8	6				
		2	7	9		6		3
5	4		6	2	9			
	2		1	5	8		4	9
1					4			

## What's On?

### 5 free ideas for Summer

#### 1. A Classic Woodland Walk

Explore new trails, discover local wildlife and burn off all that excess energy with a long woodland walk! To add a mystical layer to your woodland adventure, why not go fairy, elf or leprechaun spotting? This activity is guaranteed to fire up little imaginations.

#### 2. Freeze and Excavate

Put some toys in a plastic container, fill it with water and pop it in the freezer overnight. The next day you are ready to conduct an arctic excavation from your home! Use spoons and melt the ice to set the frozen toys free!

#### 3. Outdoor Hunts and Challenges

There are so many fun ways to engage little ones in hunts or challenges that also fuel their education. Why not look for treasure, set up a nature hunt, forage for bugs or create a photo challenge? Geocaching is another great way to discover interesting items and initiate fascinating discussions, and the best part is that you can join in too!

#### 4. Write a Story

Writing a story is a great way to spend a rainy day indoors and boost literacy skills. Kids can go on all the adventures they desire with a pen and paper at their fingertips.

#### 5. Garden Obstacle Course

Transform your outdoor space into a challenging obstacle course for your little ninjas! Get creative, and use the things you have in your house and garden to design the ultimate outdoor contest.

### FUN INDOOR ACTIVITIES FOR SUMMER!

PERFECT FOR TODDLERS AND PRESCHOOLERS



**READ ALL THE BOOKS**  
This is the best time of year to hit up the library. Most have summer reading programs with fun free activities. Build a blanket fort to cozy up your space, snuggle your kids and read all afternoon!



**PUT ON A SHOW**  
Bring out all those old Halloween costumes, fun dress up clothes and old jewelry! Have your children re-tell a story or come up with their own story. Be super creative. Invite your friends over to watch!



**PLAY IN ALL THE WATER!**  
Inside or outside, it doesn't matter in the summer! Fill up the tub with toys or have a glow in the dark bath. Water is always the answer!



**MAKE ICE CREAM TREATS**  
Who can resist an icy treat in the summer time?! Homemade ice cream or popsicles are especially more delicious if you've made them yourself!



**DONATE TOYS AND CLOTHES**  
While it doesn't sound like the most exciting activity, now is a great time to go through old toys and clothes. Find a family who could use some hand-me-downs!



<https://www.staffordshire.gov.uk/Education/Educational-awards-benefits/Holiday-activities-and-food/Holiday-Activities-and-Food.aspx>



<https://www.staffordshire.gov.uk/Education/Educational-awards-benefits/Holiday-activities-and-food/Holiday-Activities-and-Food.aspx>

### SUMMER ACTIVITIES FOR ADULTS

#### OUTDOOR ACTIVITIES



- Hiking
- Biking
- Kayaking
- Beach Day
- Picnic
- Canoeing

#### TRAVEL & ADVENTURE



- Road Trip
- Camping
- National Park
- New City
- Cruise

#### ATHLETICS & WELLNESS



- Yoga
- Pilates
- Swimming
- Running
- Meditation

#### HOBBIES & CREATIVE PURSUITS



- Painting
- Writing
- Photography
- Cooking
- Gardening

#### SOCIAL & CULTURAL EXPERIENCES



- Concert
- Music Festival
- Outdoor Movie
- Museum
- Sporting Event
- Volunteer

#### LEARNING & PERSONAL GROWTH



- Learn a Language
- Try a New Hobby
- Attend a Workshop
- Take a Class
- Read a Book





## Strawberries and Cream



How many smaller words can you make from the letters in "strawberries and cream"? Words must be 2 letters or more.



## Ice Cream Cone



How many smaller words can you make from the letters in "ice cream cone"? Words must be 2 letters or more.

